

Training Objectives:

Through a participatory approach, the PS Centre training program in Psychosocial Support, seeks to:

- heighten awareness regarding psychosocial reactions to crisis situations and life conditions
- improve preparedness and response to disasters
- facilitate psychosocial support before, during and after disasters
- promote resilience of individuals and communities and
- improve emotional assistance to staff and volunteers.
- The training is a pre-requisite for Cyprus Red Cross Psychosocial support volunteers in our actions in various settings in Cyprus.

Target Groups:

Red Cross Red Crescent staff and volunteers and/or members of the public aspiring to become Red Cross volunteers, with a background in:

- Psychology
- Social sciences
- Social Work
- Individuals who have experience in the Psychosocial Support Field
- Members of the public who are able to commit their time and have an active interest in the Psychosocial Support Field and/ or those who want to volunteer for the Movement.
- Please complete the online registration form found online at: www.redcross.org.cy and on our Facebook page and submit it to the following email address: reliefcoord@redcross.org.cy.
Registration deadline is on the 24th of October 2015.
- The training will start at 09:00 and finish at 17:00 daily.
- Registration costs €15 for members of the public and €10 for registered Red Cross volunteers.



Crisis: "A crisis is understood as one critical event or series of events that leads to major changes in the lives of the affected. It can be due to natural disasters and man-made events. A disaster is understood as a "severe disruption, ecological and psychological which greatly exceeds the capacities of the individual"

(WHO, 1992)